

SECOND STREET SECOND CHANCES presents

Hanging Tough with the Effects of Trauma

Date: Friday, December 2, 2022 12:00-1:00 PM

Where: 264 Second St., Pittsfield

Presenter: Pam Coley McCann, LICSW

This free workshop offers a basic understanding of what defines trauma, how trauma impacts us, and how to work with common trauma responses. Participants can engage with the workshop material at whatever level best meets the person's needs.



About the instructor: Pam Coley McCann is a clinical social worker with over 30 years of clinical experience. She is currently an Associate Professor at Berkshire Community College, and has a private psychotherapy practice.

